



**Council on Aging/Senior Center**

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## **COUNCIL ON AGING NEWSLETTER**

### **September 2013**

**The Westminster Council on Aging and Senior Center would like to extend our sympathy to the family and friends of:**

**Linda J. Barry**

**Elizabeth Poirier**

**Blood Pressure Clinic, starting September 6, from 11:30 to 12:30 every first Friday of the month! Come have your blood pressure checked!**

**The next COA Board meeting will be held**



**on September 10th at 1:00 PM. All are welcome to attend!**

### **September Gentle Stretch Schedule**

**Come join us in the Eloranto Room at the Forbush Library on Thursday mornings from 10:15 until 11:30. The class meets all Thursdays in September except for September 12th.**



**First day of Fall, September 22nd!**



## Westminster Lions Pancake Breakfast



To be held at the Westminster VFW Hall on Sunday, September 15th from 8:00-11:00 AM. Children under 6 FREE. All the pancakes you can eat!

To Benefit the New Senior Center!!

Come start the Fall season off and stop by at the St. Edward's Church in Westminster Fall Festival, on Saturday, September 21st from 10 AM to 7 PM. Fun for all ages!! Raffles, Food, Baked Goods, Attic Treasures, Games for Kids, etc...



## My Sister's Closet

Stop by at the First Baptist Church on Main St in Westminster on Saturday, October 12th, between 9 and 12:00. The Church will be full of clothes, bedding, shoes, housewares, seasonal items, etc... Come check it out!

Don't wait until it's too late!

Medicare Open Enrollment is: October 15 to December 7.

Medicare plans change every year. This is the time to choose your coverage for 2014.. Free Medicare Counseling is available from SHINE. Call your Senior Center now, or dial 1-800-243-4636.





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